

# Notifications

*Because none of this is automatic*

## **Employer HR:**

- Final Pay
- Retirement Plans
- Life Insurance
- COBRA or Survivor coverage

## **Insurance carriers:**

- Life
- Health
- Auto
- Home

## **Financial institutions:**

- Banks, credit unions
- Investment firms
- Mortgage servicer
- Loan servicers
- Landlord

## **Digital life:**

- Email providers
- Mobile carrier
- Cloud storage
- Social platforms
- Streaming services

**Grace Note:** Grief doesn't come with an instruction manual, but sometimes a script or checklist helps when your brain is already doing too much.



Borrow what helps, leave the rest.

